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Comparative Life Expectancy in Africa

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Health outcomes are positively correlated with income, but the link is far from uniform. The key variables associated with good health outcomes (controlling for health expenditures) are access rates—to health services, to clean water and sanitation, and to education, particularly for women.



Summary findings

For health outcomes, is poverty destiny? McCarthy and Wolf explore this question for life expectancy in Africa, where health outcomes are positively correlated with income, but where the link is far from uniform. The key variables associated with good health outcomes (controlling for health expenditures) are access rates—to health services, to clean water and sanitation, and to education, particularly for women.

Health expenditure, either as percentage of GNP or per capita, is not a good predictor of health outcomes

(endogeneity aside). The tenuous link among health expenditures, health service outputs, and health outcomes suggests marked differences in the mapping from spending to services and from services to outcomes. While few conclusions can be drawn on the aggregate level, the patterns raise questions about what share of public expenditure should be devoted to preventive as opposed to curative measures, and the relative importance of sanitation infrastructure versus traditional health care.

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1.Introduction

Rising incomes and improving medical technology have lifted health standards in most countries, alongside other indicators of the quality of life [Easterly (1999)]. Policies fostering growth are thus accompanied by indirect health benefits. Yet, income per capita is only part of the story. Health indicators differ dramatically between countries with similar income levels located in close proximity: within the group of low-income countries (under \$1000 GNP per capita) Sub-Saharan Africa, life expectancy ranges from 38 in Guinea-Bissau to 58 in Kenya (World Health Report 1999).

These observations suggest that sizeable health improvements can be obtained at current income levels by adopting best practices within the peer group of countries on similar development levels. In this chapter, we explore the size of these potential gains in terms of life expectancy for a sample of African countries.¹ We focus on documenting existing disparities and inquiring whether these are related to observable country characteristics. While causality may at times be intuitive (such as for a positive link between life expectancy and access to safe water), it is not our focus, and indeed would be more convincingly tested in a time series/panel framework. We also abstract from the important cross-border aspects of disease and health policies [Sachs (2000)].

2. A Simple Decomposition

We begin with a simple decomposition aiming to differentiate the life expectancy differences within low income African countries, all African countries, and all countries worldwide. Our empirical analysis is straightforward. The measure of interest is the difference between the highest life expectancy among all sample countries and the life expectancy within a particular low-income country in Africa. We then decompose this

¹ The focus on a single continent is motivated by the desire to keep the *ceteris paribus* assumption reasonably applicable. The prevalence of many common diseases in poorer economies is significantly influenced by a myriad of environmental factors including prevalence of transmitting insects, temperature

health gap into three parts. The first part is the intra-group difference between the country in question and the low-income African country with the highest life expectancy. The second part is the difference this reference country and the African country (at any income level) with the highest life expectancy. The third part is the difference between the African country with the highest life expectancy and the highest life expectancy world wide.

For illustration, table 1 reports the decomposition for Niger, with a life expectancy of 47 years, compared to 58 years in Kenya (the low income African country with the highest life expectancy), 71 years in Mauritius (the African country with the highest life expectancy) and 80 years in Japan (the country with the longest life expectancy globally).

Table 1: Life Expectancy in Niger

Life Expectancy in Niger	47
Gain from catching up to highest life expectancy in peer group	+11
Additional Gain from catching up to highest life expectancy in Africa	+13
Additional Gain from catching up to highest life expectancy globally	+ 9

The division allows a direct comparison of the gains of moving to the level of the best local health performer within the same income group with the gains from moving up to regional and global best performers. The latter two comparison countries typically have substantially higher income levels, the second and third gain component are thus likely to partly capture the indirect gains along the development path alluded to above.

Table 2-1 reports the three gaps for all countries in the low-income group. The differences in life expectancy within the low-income group are marked, there is no uniform link between income per capita and life expectancy. The gap between the highest life expectancy within the group of low income countries and the highest life expectancy in all of Africa is commensurate with the within-group gap for about half of the low

and humidity, etcetera, by focussing on a regional cluster, it is hoped that differences in these factors are

income countries, providing prima facie evidence for substantial potential health gains obtainable at unchanged income levels for many low income countries.

The second difference can be interpreted as the potential medium term gain from best practice economic and health policies within a broader spatially defined peer group, while the third difference captures the more distant potential gains from long term development, assuming convergence. The table suggests that the sum of the first two gaps accounts for the lion's share of the overall gap.

A look at the country with the highest life expectancy, Mauritius, is suggestive of the factors that may be associated with sustained gains in life expectancy: stable growth, absence of civil conflicts, low military expenditures and nearly universal access to clean water and sanitation; perhaps even more notable is that 99 per cent of the population has access to health facilities. Of course, the comparability of Mauritius to continental African countries is limited by geography. As an island it is less subject to some insect born diseases, nor does it suffer from cross-border river pollution. Small geographic and population size also arguably ease the challenge of providing access to water and health care.²

less important

² Effective access may also differ by season, depending on the quality and density of the road/transportation network.

Table 2. Life Expectancy Gaps

			Gap to Highest		
	GNP in 1999	Life	life expectancy	Gap to highest	Gap to highest
	US\$ PPP	Expectancy at	in the low	life expectancy	life expectancy
		Birth	income group	in Africa	globally
Zaire	384	52.0	6.4	13.0	9.0
Sierra Leone	414	39.8	18.6	13.0	9.0
Tanzania	478	50.9	7.5	13.0	9.0
Burundi	553	49.5	8.9	13.0	9.0
Rwanda	576	39.2	19.2	13.0	9.0
Malawi	581	43.2	15.2	13.0	9.0
Guinea-Bissau	595	38.4	20.0	13.0	9.0
Ethiopia	599	49.0	9.4	13.0	9.0
Angola	632	47.3	11.1	13.0	9.0
Zambia	686	45.6	12.8	13.0	9.0
Mali	693	49.6	8.8	13.0	9.0
Niger	727	46.6	11.8	13.0	9.0
Nigeria	744	52.8	5.6	13.0	9.0
Madagascar	766	52.0	6.4	13.0	9.0
Mozambique	797	46.5	11.9	13.0	9.0
Chad	816	48.1	10.3	13.0	9.0
Benin	886	50.2	8.2	13.0	9.0
Congo	897	51.0	7.4	13.0	9.0
Burkina Faso	898	48.7	9.7	13.0	9.0
Kenya	975	58.4	0.0	13.0	9.0

3. Correlates Of Health Outcomes

The table suggests that poverty may not be destiny as far as health outcomes are concerned: countries with very low per capita incomes, such as Tanzania, boast life expectancy comparable with those in much richer economies. It is of evident interest to ascertain whether such intra-group differences are random or are robustly associated with observable country characteristics.

To answer this question, we divide the sample countries in Africa into three groups; depending on income per capita in 1999 PPP based US\$. The first group (LOW) includes countries with per capita incomes below 1000\$³; the second group (MIDDLE) comprises countries with per capita incomes between 1000US\$ and 2000US\$⁴; the third group (HIGH) includes countries with per capita incomes above 2000US\$⁵.

Table 3 reports the minimum, maximum and median of a set of health outcome indicators for these three groups. The last three columns report the medians. The results are unsurprising: higher income per capita is associated with better health outcomes. Life expectancy rises from 48.8 years in the low-income group to 64.2 years in the high-income group, with one exception (low birth weight children in middle income countries) all other outcome medians improve with income, reflecting the positive feedback loop between improved health, improved productivity and income, and improved capacity to provide health services [Pritchett and Summers (1993)].⁶

³ Congo, Sierra Leone, Tanzania, Burundi, Rwanda, Malawi, Guinea Bissau, Ethiopia, Angola, Zambia, Mali, Niger, Nigeria, Madagascar, Mozambique, Chad, Benin, Democratic Republic of Congo, Burkina Faso, Kenya.

⁴ Eritrea, Central African Republic, Uganda, Equatorial Guinea, Djibouti, Sudan, Senegal, Togo, Cameroon, The Gambia, Mauritania, Cote d'Ivoire, Guinea, Ghana.

⁵ Lesotho, Zimbabwe, Morocco, Egypt, Cape Verde, Swaziland, Algeria, Gabon, Namibia, Tunisia, Botswana, South Africa, Mauritius.

⁶ Their results suggest there is a structural relationship between income and health with causation running from income to health. They also find that differences in income over the last three decades explain roughly 40 percent of the cross-country differences in mortality improvements.

Table 3: Health Outcomes by Income groups

	Low	Low	Middle	Middle	High	High	Low	Middle	High
	Income	Income	Income	Income	Inc.	Inc.	Income	Income	Income
	Min.	Max.	Min.	Max.	Min.	Max.	Median	Median.	Median
Female Life Expectancy	37.8	60.2	43.6	60.8	53.3	66.3	49.1	51.6	66.3
Male Life Expectancy	34.8	56.7	43.9	56.7	50.3	68.1	45.3	48.9	61.4
Total Life Expectancy	38.4	58.4	41.7	58.7	54.7	70.6	48.8	50.0	64.2
Infant Mortality Rate	58.0	179.4	55.7	131.3	16.1	88.6	111.8	96.6	55.3
Mortality Rate Age <5	90	236	86	220	20	145	184	159	75
Maternal Mortality Rate	490	939	430	1100	50	400	590	580	200
Low Birth Weight	10.0	18.0	5.0	35.0	7.0	15.0	13.0	14.5	9.7
Malnutrition in Children	22.3	50.0	13.6	44.0	9.0	26.0	30.1	23.5	10.6

The first six columns report the maximum and minimum within each country group. The overall positive link between outcomes and income is preserved. However, a comparison of low income and middle-income countries reveals that the best performers in the low-income countries achieved better outcomes than the worst performers in the middle-income group. More surprisingly, the same result holds for a comparison of low and high income countries: the best performers in the low income per capita group have achieved comparable if not better health outcomes than the worst performers in the high income group.

Table 4 provides background information on one potential cause of the differences, health spending and access to health services. Again, the first six columns report the maximum and minimum values for the three groups, while the last three columns report the medians. The results match the findings of Table 3. Overall, the provision of health services increases with income per capita. In comparable PPP adjusted US\$, the median low-income country spends 22 US\$ per inhabitant, while the median middle and high-income country spend 50 US\$ and 310 US\$. Across most other indicators, the median values display the same positive relationship with income. Overall, higher spending is thus, not surprisingly, associated with improved health service outputs.

Comparing the first six columns, it is however again striking that the best performing low-income country commits more resources compared not only to the worst performing middle-income country but also the worst performing high-income country. The results are suggestive of sharp differences in the mapping between financial resources spent on health care and health services ultimately delivered to the population.⁷

Table 4: Health System Resources and Outputs by Income Groups

	Low	Low	Middle	Middle	High	High	Low	Middle	High
	Inc.	Inc.	Income	Income	Inc.	Inc.	Income	Income	Income
	Min.	Max.	Min.	Max.	Min.	Max.	Median	Median.	Median
Health Spending									
- as % of GDP Total	0.7	7.9	2.2	5.2	3.5	7.4	3.3	3.8	5.3
- as % of GDP Public	0.2	4.0	1.0	2.9	0.6	3.8	1.7	1.8	3.0
- per capita in PPP US\$	6	62	15	83	124	571	22.5	50	310
Access (% of Population)									
- to health care	24	93	45	76	55	99	55	70	90
- to essential medicines	10	65	15	100	30	95	50	70	80
- to safe water (total)	24	70	7	82	57	100	42	50	67
- to safe water (rural)	8	63	24	86	17	66	42	62	42
- to safe water (urban)	18	97	48.5	97	80	100	75	77	99
- to essential sanitation (total)	9	86	6	60	11	100	22	37	56
- to essential sanitation (urban)	11	97	12	85	20	100	63	59	90
Immunization Rates									
- DPT	18	98	40	93	48	96	57	67	78
- Measles	24	99	31	88	50	94	54	66	78
Contraceptive Use	4	39	2	24	16	75	7.7	14.0	49.0
Doctors per 1000 Pop.	0.0	0.3	0.0	0.2	0.1	2.1	0.1	0.1	0.5
Hospital beds per 1000 Pop.	0.1	3.4	0.4	2.6	0.5	3.2	1.1	0.9	1.9

A substantial body of work suggests that declines in the mortality rates (in particular for children) are to a large extent driven by improved prevention in addition to improved treatment, consequently, the extent to which the population has access to clean water and sanitation is likely to influence health outcomes [Svedoff et al. (2000)] even for a given health service infrastructure. As Table 4 reveals, relative access rates differ

⁷ Some caution regarding the precision and cross-country comparability of data, in particular for non-budget measures such as the access variables, is warranted.

dramatically across countries, with the best access rates among the poorest countries again exceeding the lowest access rates among the high income group.

Table 5 reports matching statistics on two other variables widely thought to affect health outcomes: broad access to education, in particular for women who provide the majority of in-family health services; and the ability of poorer families to pay for health services. Both of the patterns evident in the previous two tables are again present: most indicators improve with median income across the three groups (though there is a suggestion of a U-curve relationship for some variables); while the best performing poor countries again display better education statistics than the worst performing high income countries.

Table 5: Other Health Determinants by Income groups

	Low	Low	Middle	Middle	High	High	Low	Middle	High
	Inc.	Inc.	Income	Income	Inc.	Inc.	Income	Income	Income
	Min.	Max.	Min.	Max.	Min.	Max.	Median	Median.	Median
Illiteracy	21.8	86.4	19.0	66.9	14.9	56.3	45.1	51.0	29.5
Illiteracy Female	28.0	93.4	31.9	78.1	18.0	69.0	58.2	64.2	38.9
Education Spending/GDP	0.7	6.5	0.9	5.1	2.9	9.1	2.3	3.2	5.1
Primary Enrollment	25	97	36	107	69	136	70	60.5	114
- Female	19	92	24	86	56	139	59	50	111
Secondary Enrollment	4	28	11	36	8	75	10	16.5	50.5
- Female	2	25	5	28	29	77	6	12	54
Gini	28.9	62.9	32.7	61.3	28.9	60.9	47.1	39.8	48.1
Income Share Bottom 20%	1.1	9.7	2.0	8.4	2.7	9.8	5.1	6.4	5.0

Table 6 reports the ranking of health service indicators by life expectancy.⁸ The sample countries are again divided into three groups. The first group⁹ (LOW) comprises countries with life expectancies below 50 years, the second group¹⁰ (MIDDLE) includes

⁸ Gwatkin et al (2000) provide a broader picture on many of the other factors that can effect health status.

⁹ Guinea-Bissau, Rwanda, Sierra Leone, Uganda, Malawi, Guinea, Zambia, The Gambia, Mozambique, Niger, Angola, Eritrea, Chad, Central African Republic, Burkina Faso, Equatorial Guinea, Ethiopia, Burundi, Mali, Djibouti.

¹⁰ Senegal, Benin, Tanzania, Congo, Mauritania, Madagascar, Congo Democratic Republic, Nigeria, Sudan, Gabon, Cote d'Ivoire, Togo, Cameroon, Zimbabwe, Swaziland, Kenya, Ghana, Namibia.

countries with life expectancies between 50 and 60 years, and the last group¹¹ (HIGH) comprises countries with life expectancies above 60 years.

Table 6: Health System Resources and Outputs by Life Expectancy

	Low	Low	Middle	Middle	High	High	Low	Middle	High
	Min.	Max.	Min.	Max.	Min.	Max.	Median	Median	Median
Health Spending									
- as % of GDP Total	1.3	7.9	0.7	7.4	3.5	7.1	3.7	4.2	4.5
- as % of GDP Public	0.6	4.0	0.2	3.8	1.3	3.7	1.9	1.6	2.9
- per capita in PPP US\$	7	50	6	399	124	571	31	66	310
Access (% of Population)									
- to health care	24	80	42	93	62	99	37	67	94
- to essential medicines	20	93	10	100	51	95	58	65	80
- to safe water (total)	7	61	25	82	57	100	38	56	70
- to safe water (rural)	17	86	8	85	17	67	45	44	53
- to safe water (urban)	18	97	48	99	100	100	78	80	100
- to essential sanitation (total)	6	63	9	86	11	100	33	36	55
- to essential sanitation (urban)	12	82	11	98	20	100	58	69	91
Immunization Rates									
- DPT	18	98	35	96	56	93	57	69	78
- Measles	24	99	31	94	66	92	58	62	82
Contraceptive Use	2	21	6	48	16	75	8	17	50
Doctors per 1000 Pop.	0.0	0.2	0.0	0.3	0.1	2.1	0.0	0.1	0.6
Hospital beds per 1000 Pop.	0.1	1.7	0.2	3.4	1.0	3.1	0.9	1.3	1.9

Based on the medians, the table reveals a positive association between resources devoted to the health care sector and health sector outputs, measured by access rates and immunization rates. More resources devoted to health care and greater output of health care services are also associated with higher life expectancy. Comfortingly, the table is thus consistent with the view that an increase in resources devoted to health care will (in most instances) improve public health.

As before, the ranges reported in the first six columns suggest that these linkages are far from uniform, in two senses. First, the link between spending measures and outputs of health services is quite unstable. Several countries with per capita health

¹¹ Lesotho, Egypt, South Africa, Cape Verde, Morocco, Botswana, Tunisia, Algeria, Mauritius.

expenditures below 50\$ report immunization and access rates above those of countries spending several times more on health care per capita. While not the main theme of our paper, the finding suggests that a substantial improvement in health service provision may be obtained at moderate financial cost in some countries.

Table 7: Other Health Determinants by Life Expectancy

	Low	Low	Middle	Middle	High	High	Low	Middle	High
	Min.	Max.	Min.	Max.	Min.	Max.	Median	Median.	Median
Illiteracy	19	86	15	67	17	56	53	37	30
Illiteracy Female	29	93	18	77	18	69	67	47	43
Education Spending/GDP	1.5	5.4	0.7	9.1	3.1	8.6	2.3	4.0	5.1
Primary Enrollment	25	97	52	136	69	118	63	77	107
- Female	19	92	26	139	56	122	41	70	110
Secondary Enrollment	4	16	5	52	8	75	10	23	52
- Female	2	13	4	54	29	77	5	16	55
Gini	28.9	62.9	32.7	60.9	28.9	59.3	48.0	42.9	39.9
Income Share Bottom 20%	1.1	9.7	2.7	8.4	2.8	9.8	5.0	5.7	6.2
Military Expenditure/GDP	1	20	1	5	0.35	5	2.8	2.0	2.65
Debt/GDP	28	340	16	325	13	64	63	89	52
Government Consump./GDP	7.5	47	6.6	31	12.3	32	12.8	11.2	16.4

Second, several countries with life expectancies below fifty years report immunization rates and rates of access to clean water, sanitation and health care that are significantly above those reported by countries with life expectancies above 60 years. The link between resources devoted to health care, the output of medical services generated by these resources, and the effect of these services on at least some measures of public health thus appears to be far from linear.¹²

Finally, Table 7 reports statistics for a number of other variables that might be thought to be associated with life expectancy. Commencing with the median, education variables uniformly improve with life expectancy, as does the income share of the bottom twenty percent of population. In both cases, causality presumably is two-sided. No clear unconditional linkage emerges for military expenditures, the debt to GDP ratio or

¹² See Hammer (2000) for a case study of Zambia.

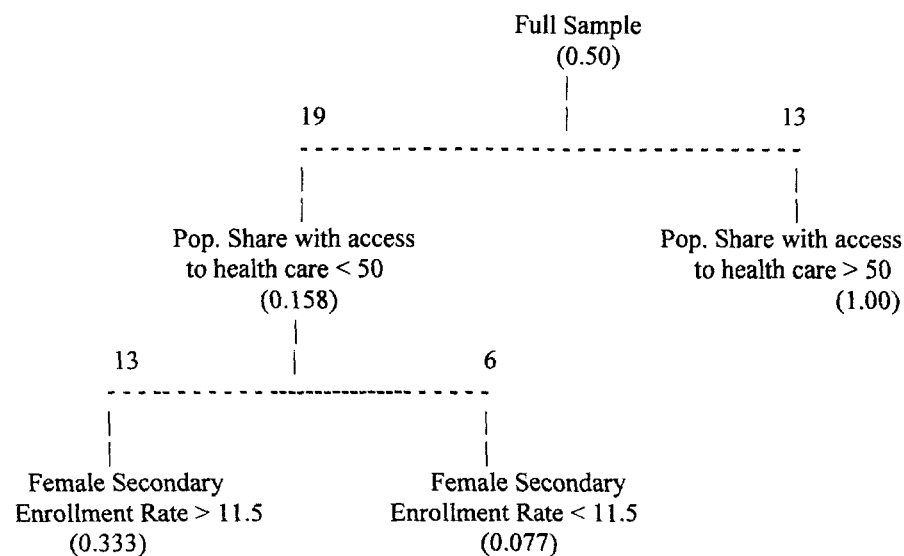
government consumption. Considering the distribution statistics, very substantial variation is again apparent: several countries with low life expectancies boast education levels above those of countries with much higher life expectancies, similar variation is observed for the other variables.

4. Classification Tree Analysis

The stylized facts reported above suggest a positive unconditional association between life expectancy and income per capita, as well as a positive association between health service outputs and income per capita. One interpretation of the results is that the primary determinant of life expectation is income per capita. Yet, the substantial variation documented in the preceding section suggests that while an important determinant, poverty is not destiny as far as life expectancy is concerned. We now examine the linkages between health spending, health service outputs, other determinants and life expectancy in a cross section framework. We use a classification tree methodology to allow for the likely presence of non-linearity. In essence, a classification tree provides a useful way of characterising a binary variable with respect to a set of potential associated factors. The dependent variable is high (1) and low (0) life expectancy. High life expectancy is defined as the top third of observations in the sample (life expectancies above 55.7 years). Low life expectancy is defined as the bottom third of observations (life expectancies below 49 years). Both groups have sixteen observations. The middle third is dropped to provide contrast.

The resulting classification rule is presented in Table 8. The figure in brackets provides the probability (relative to the overall sample). The figures on each node provide the number of observations. The single best predictor of high versus low mortality is the percentage of population with access to health care, with a threshold of 50%. For those countries falling below the threshold, a high female secondary enrolment ratio lifts the chance of belonging to the HIGH group to one third, while countries with low access rates and low female secondary enrolment rates have a less than 10% chance of being in the high life expectancy group.

Table 8. Classification Tree (CART): Incidence of High versus Low Life Expectancy



The methodology also provides a ranking of the relative importance of all variables, which takes into account the relative quality of each variable at all thresholds. Thus, a variable that never is the single best discriminant at any node (and thus does not appear in the tree) might be ranked second at several nodes, and thus have high discriminatory power between the two groups. Table 9 reports the relative importance, with the score for the first variable set equal to 100.

Table 9: Relative Power as Discriminants

Variable	Importance
Share of population with access to health care	100
GNP per capita (US\$ PPP adjusted)	68
Fertility rate	66
Share of population with access to safe water	49
Institutional Investor risk rating	33
Female secondary enrolment ratio	17
Public spending on health care	11
Total illiteracy ratio	11
Male illiteracy ratio	11
Primary enrolment ratio	10

The share of population with access to health care is the best overall discriminant, followed by GNP per capita, the fertility rate and the share of population with access to safe water. Income is thus an important determinant of life expectancy (and vice versa), but it is not destiny, as above average provision of access to health care and safe water – themselves not exclusively determined by income, as revealed in Table 3 – can sharply effect life expectancy.

5. Conclusion

Is poverty destiny, as far as health outcomes are concerned? We addressed this question by assessing life expectancy in Africa. While health outcomes are positively correlated with income, the link is far from uniform. Indeed, several of the poorest

African countries boast better health outcomes compared to countries with much higher income levels. Nor does health expenditure, either as percentage of GNP or per capita, appear to be a particularly good predictor of health outcomes (leaving aside the endogeneity issue).

The key variable associated with good health outcomes¹³ (controlling for health expenditures) are access rates --- to health services, to clean water and sanitation, and last but not least to education, particularly for women. While we do not examine formally, the findings suggest that, for given expenditure rates, the benefits of allocating greater shares to improving access warrant further study¹⁴ [Hammer (2000)].

To be sure, modesty is required in drawing any policy implications from as aggregate a dataset as the one explored here. Apart from data problems, we look at a single year, and thus cannot easily account for the complex dynamic linkages between health system inputs, outputs, development and health outcomes; nor can we establish causality patterns. That said, the instability of the link between health expenditures, health service outputs and health outcomes suggests marked differences in the mapping from spending to services, and from services to outcomes, and suggests productivity enhancement of health service provision as an important aspect. Among the pertinent questions here is the best division of health care spending between public sources, NGOs and households; the appropriate shares of public expenditures devoted to preventive relative to curative measures; and the relative importance attached to sanitation infrastructure versus traditional health care.

¹³ Our study was focussed on the national level. We thus do not take account of cross-national aspects of disease transmission (river pollution) or disease prevention and treatment. There have been a number of success stories in co-ordinated health measures, including sharp reductions in smallpox, river blindness and polio. A cross-national perspective on improving health is thus increasingly seen as an essential component of a global health strategy [Sachs (2000)] and may yield benefits on top of those obtainable by the national measures discussed here.

¹⁴ Hammer (2000) provides a revealing case study of Zambia. Morocco provides an illustration of a high income country with a low population share with access to clean water, while Tanzania provides an example of the opposite case, perhaps not accidentally, the relative health outcome for Morocco and Tanzania are at the bottom and at the top of their respective peer groups.

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